

Rhythm Blocks

The Foundation of Rhythm

All Rhythm Blocks are shown here with just a G major chord. Feel free to use any chords or chord progressions that you like with these rhythms.

Rhythm Block #1

Diagram for Rhythm Block #1 showing tablature for strings T (Treble), A (Middle), and B (Bass). The pattern consists of four groups of four eighth notes each, with a double bar line after the second group. Each group contains notes 3 (high E), 3 (D), 0 (open), and 2 (low E) on strings T, A, and B respectively. The notes are marked with a '3' for a triplet. Below the first two groups are square symbols, and below the last two groups are inverted triangle symbols. The word "Repeat" is written at the end.

Rhythm Block #2

Diagram for Rhythm Block #2 showing a similar pattern to Block #1 but with two groups of four eighth notes. The notes are marked with a '3' for a triplet. Below the first group is a square symbol, and below the second group is an inverted triangle symbol. The word "Repeat" is written at the end.

Rhythm Block #3

Diagram for Rhythm Block #3 showing a pattern with a '3' above the first group of notes. It consists of eight groups of four eighth notes, with a double bar line after the fourth group. Notes are marked with a '3' for a triplet. Below the first and third groups are square symbols, and below the second and fourth groups are inverted triangle symbols. The word "Repeat" is written at the end.

Rhythm Block #4

Diagram for Rhythm Block #4 showing a pattern with a '3' above the first group of notes. It consists of four groups of four eighth notes, with a double bar line after the second group. Notes are marked with a '3' for a triplet. Below the first and third groups are square symbols, and below the second and fourth groups are inverted triangle symbols. The word "Repeat" is written at the end.

Rhythm Block #5

Diagram for Rhythm Block #5 showing a pattern with a '5' above the first group of notes. It consists of eight groups of four eighth notes, with a double bar line after the fourth group. Notes are marked with a '3' for a triplet. Below the first and third groups are square symbols, and below the second and fourth groups are inverted triangle symbols. The word "Repeat" is written at the end.

Rhythm Block #6

Diagram for Rhythm Block #6 showing a pattern with a '5' above the first group of notes. It consists of four groups of four eighth notes, with a double bar line after the second group. Notes are marked with a '3' for a triplet. Below the first and third groups are square symbols, and below the second and fourth groups are inverted triangle symbols. The word "Repeat" is written at the end.

Rhythm Block #7

Diagram for Rhythm Block #7 showing a pattern with a '7' above the first group and '3' above the next four groups. It consists of eight groups of four eighth notes, with a double bar line after the fourth group. Notes are marked with a '3' for a triplet. Below the first group is a square symbol, and below the next four groups are inverted triangle symbols. The word "Repeat" is written at the end.

Rhythm Block #8

Diagram for Rhythm Block #8 showing a pattern with a '7' above the first group and '3' above the next four groups. It consists of four groups of four eighth notes, with a double bar line after the second group. Notes are marked with a '3' for a triplet. Below the first group is a square symbol, and below the next four groups are inverted triangle symbols. The word "Repeat" is written at the end.

Rhythm Block #9

Diagram for Rhythm Block #9 showing a pattern with a '9' above the first group and '3' above the next three groups. It consists of four groups of four eighth notes, with a double bar line after the second group. Notes are marked with a '3' for a triplet. Below the first group is a square symbol, and below the next three groups are inverted triangle symbols. The word "Repeat" is written at the end.

2 Combining Rhythm Blocks to Create Strumming Patterns RB = Rhythm Block

Combining RB #1 and #2

10

3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3

0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0

2 2 2 2 2 2 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 3 3 3 3 3 3

Combining RB #2 and #3

11

3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3

0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0

2 2 2 2 2 2 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 3 3 3 3 3 3

Combining RB #3 and #4

12

3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3

0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0

2 2 2 2 2 2 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 3 3 3 3 3 3

Combining RB #3 and #5

13

3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3

0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0

2 2 2 2 2 2 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 3 3 3 3 3 3

Combining RB #3 and #6

14

3 3 3 3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3 3 3 3

0 0 0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0 0 0

2 2 2 2 2 2 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 3 3 3 3 3 3