

# Effective Finger Stretches For Guitarists

Ex. 1

T	9	8	7	8	8	7	6	7	7	6	5	6
A	10	10	10	10	9	9	9	9	8	8	8	8
B	11	11	11	11	10	10	10	10	9	9	9	9
	12	12	12	12	11	11	11	11	10	10	10	10

Ex. 2

4

T	9	8	9	8	8	7	8	7	7	6	7	6
A	10	9	10	9	9	8	9	8	8	7	8	7
B	11	11	11	11	10	10	10	10	9	9	9	9
	12	12	12	12	11	11	11	11	10	10	10	10

Ex. 3

7

T	9	8	7	8	8	7	6	7	7	6	5	6
A	10	9	8	9	9	8	7	8	8	7	6	7
B	11	10	9	10	10	9	8	9	9	8	7	8
	12	12	12	12	11	11	11	11	10	10	10	10

Ex. 4

10

T	12	12	12	12	11	11	11	11	10	10	10	10
A	11	11	11	11	10	10	10	10	9	9	9	9
B	10	10	10	10	9	9	9	9	8	8	8	8
	9	8	7	8	8	7	6	7	7	6	5	6

Ex. 5

13

T	12	12	12	12	11	11	11	11	9	9	9	9
A	11	11	11	11	10	10	10	10	8	8	8	8
B	10	9	10	9	9	8	9	8	7	6	7	6
	9	8	9	8	8	7	8	7	6	5	6	5

Ex. 6

16

<b>T</b>	12	12	12	12	11	11	11	11	10	10	10	10
<b>A</b>	11	10	9	10	10	9	8	9	9	8	7	8
<b>B</b>	10	9	8	9	9	8	7	8	8	7	6	7
	9	8	7	8	8	7	6	7	7	6	5	6

Ex. 7

19

			Harm.				Harm.				Harm.
<b>T</b>			12				7				5
<b>A</b>			12				7				5
<b>B</b>			12				7				5
	8	10			3	5			1	3	